



# Class Schedule

**Beginner-Level**  
**All-Levels**  
**Kripalu**  
**Prenatal**  
**Restorative**  
**Yin**

Yoga Classes  
 Massage  
 Meditation  
 Workshops  
 Yoga Alliance  
 Certified  
 Teacher Training

*Practice in our safe and nurturing studio  
 with qualified teachers & friendly students*

[www.HaddonfieldYogaCenter.com](http://www.HaddonfieldYogaCenter.com)

## CLASS PRICING

### CLASS DROP-INS

1st time Students — any 3 classes (Valid for 30 days) .....	\$ 30
1 hour class — Drop-In .....	15
1½ hour class — Drop-In .....	18
1¾ hour class — Drop-In .....	21
Prenatal — Drop-In .....	16

### YOGA CENTER CLASS CARDS

1 hour — 6 Class Card (Valid for 60 days) .....	\$ 75
1 hour — 12 Class Card (Valid for 90 days) .....	145
Prenatal — 6 Class Card (Valid for 60 days) .....	75
1½ hour — 6 Class Card (Valid for 60 days) .....	90
1½ hour — 12 Class Card (Valid for 90 days) .....	165
1 Month Unlimited Class Card .....	125
3 Month Unlimited Class Card .....	350
12 Month Unlimited Class Card .....	1000

### STUDENT PRICING

1 hour class — Drop-In .....	\$ 12
1½ hour class — Drop-In .....	14



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## CLASS SCHEDULE

### MONDAY

7:00 am – 8:30 am **Self-Inquiry Meditation**  
 10:00 am – 11:30 am **All Levels Yoga** with Christine  
 6:00 pm – 7:00 pm **Prenatal Yoga** with Colleen  
 7:30 pm – 9:00 pm **All Levels Yoga** with Darlene

### TUESDAY

8:45 am – 9:45 am **All Levels Yoga** with Nita  
 10:15 am – 11:45 am **Restorative Yoga** with June  
 6:00 pm – 7:00 pm **Yin Yoga** with Sheila  
 7:30 pm – 9:00 pm **Restorative Yoga** with Christine

### WEDNESDAY

7:00 am – 8:30 am **Self-Inquiry Meditation**  
 9:30 am – 11:00 am **All Levels Yoga** with Jewels  
 6:00 pm – 7:15 pm **All Levels Yoga** with Sheila  
 7:30 pm – 9:00 pm **All Levels Yoga** with various teachers

### THURSDAY

8:45 am – 9:45 am **All Levels Yoga** with Nita  
 10:00 am – 11:00 am **Chair Yoga** with Janet  
 6:00 pm – 7:00 pm **Beginner Basics Yoga**  
 with Heather C.  
 7:30 pm – 9:00 pm **All Levels Yoga** with Annie

### FRIDAY

10:00 am – 11:45 am **All Levels Yoga** with Darlene

### SATURDAY

7:00 am – 8:00 am **All Levels Yoga** with Nita  
 8:15 am – 9:45 am **Self-Inquiry Meditation**  
 10:00 am – 11:30 am **All Levels Yoga** with Darlene

### SUNDAY

9:30 am – 11:00 am **All Levels Yoga** with Sheila  
 4:00 pm – 5:30 pm **Restorative** with June

**Drop-Ins Welcome!**

## YOGA STYLE FRIDAY \$5 7:30 – 9:00 PM

Join us the **last Friday** of each month for a \$5 class.  
 Check our website, Facebook, or call for the  
 style this month and **confirm the date** —  
 Holidays and special events occasionally move the date.