



# Class Schedule

**Beginner-Level**  
**All-Levels**  
**Kripalu**  
**Prenatal**  
**Restorative**  
**Yin**

Yoga Classes  
Massage  
Meditation  
Workshops  
Yoga Alliance  
Certified  
Teacher Training

*Practice in our safe and nurturing studio  
with qualified teachers & friendly students*

[www.HaddonfieldYogaCenter.com](http://www.HaddonfieldYogaCenter.com)

## CLASS PRICING

### CLASS DROP-INS

1st time Students — any 3 classes (Valid for 30 days) .....	\$ 30
1 hour class — Drop-In .....	15
1½ hour class — Drop-In .....	18
1¾ hour class — Drop-In .....	21

### YOGA CENTER CLASS CARDS

1 hour — 6 Class Card (Valid for 60 days) .....	\$ 75
1 hour — 12 Class Card (Valid for 90 days) .....	145
1½ hour — 6 Class Card (Valid for 60 days) .....	90
1½ hour — 12 Class Card (Valid for 90 days) .....	165
1 Month Unlimited Class Card .....	125
3 Month Unlimited Class Card .....	350
12 Month Unlimited Class Card .....	1000

### STUDENT PRICING

1 hour class — Drop-In .....	\$ 12
1½ hour class — Drop-In .....	14

## CLASS SCHEDULE

### MONDAY

- 7:00 am – 8:30 am **Self-Inquiry Meditation**
- 10:00 am – 11:30 am **All Levels Yoga with Christine**
- 6:00 pm – 7:00 pm **Prenatal Yoga with Joan**
- 7:30 pm – 9:00 pm **All Levels Yoga with Darlene**

### TUESDAY

- 8:45 am – 9:45 am **All Levels Yoga with Nita**
- 10:15 am – 11:45 am **Restorative Yoga with June**
- 6:00 pm – 7:00 pm **Yin Yoga with Sheila**
- 7:30 pm – 9:00 pm **Restorative Yoga with Christine**

### WEDNESDAY

- 7:00 am – 8:30 am **Self-Inquiry Meditation**
- 9:30 am – 11:00 am **All Levels Yoga with Jewels**
- 6:00 pm – 7:15 pm **All Levels Yoga with Sheila**
- 7:30 pm – 9:00 pm **All Levels Yoga with Christine**

### THURSDAY

- 8:45 am – 9:45 am **All Levels Yoga with Nita**
- 6:00 pm – 7:00 pm **Beginner Basics Yoga with Heather C.**
- 7:30 pm – 9:00 pm **All Levels Yoga with Annie**

### FRIDAY

- 10:00 am – 11:45 am **All Levels Yoga with Darlene**

### SATURDAY

- 7:00 am – 8:00 am **All Levels Yoga with Nita**
- 8:15 am – 9:45 am **Self-Inquiry Meditation**
- 10:00 am – 11:30 am **All Levels Yoga with Darlene**

### SUNDAY

- 9:30 am – 11:00 am **All Levels Yoga with Sheila**
- 4:00 pm – 5:30 pm **Restorative with June**

**Drop-Ins Welcome!**

## YOGA STYLE FRIDAY \$5 7:30 – 9:00 PM

Join us the **last Friday of each month** for a \$5 class. Check our website, Facebook, or call for the style this month and **confirm the date** — Holidays and special events occasionally move the date.



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