

THE DEEPER STUDIES

*Meditation & Yoga*

**200hr. YOGA  
TEACHER TRAINING**



## 2020 YTT SCHEDULE

**MEETS: THURSDAYS 6:30- 9:30 PM / SATURDAYS 8 AM- 5:30 PM**

### JAN. 2020

**2** (Thursday)  
**4** (Saturday)  
**9** (Thursday)  
**11** (Saturday)

### FEB. 2020

**13** (Thursday)  
**15** (Saturday)  
**20** (Thursday)  
**22** (Saturday)  
**27** (Thursday)  
**29** (Saturday)

### MARCH 2020

**5** (Thursday)  
**7** (Saturday)  
**12** (Thursday)  
**14** (Saturday)  
**19** (Thursday)  
**21** (Saturday)  
**26** (Thursday)  
**28** (Saturday)

### APRIL 2020

**2** (Thursday)  
**4** (Saturday)  
**23** (Thursday)  
**25** (Saturday)  
**30** (Thursday)

### MAY 2020

**2** (Saturday)  
**7** (Thursday)  
**9** (Saturday)  
**14** (Thursday)  
**16** (Saturday)  
**21** (Thursday)  
**23** (Saturday)  
**28** (Thursday)

**SUNDAY MAY 3rd**

**12 - 4:30pm**

**ANATOMY WORKSHOP**

**Jo ann Stauggard-Jones**

**GRADUATION DAY  
SATURDAY  
MAY 30th**

